

## March 2025

Upcoming meetings: March 18<sup>th</sup> and April 15<sup>th</sup>

# Probus Club of Hastings Point Tweed Coast

Where we meet: Tricare, 87- 89 Tweed Coast Rd, Hastings Point.When: 3rd Tuesday of the monthTime: 10 am - 12 noonEnquiries:Steve CarrattPhone : 0418 966 254Web Site :www.hastingsptprobus.orgPostal Address: 516 Round Mt Rd, Round Mountain. NSW 2489

A warm welcome to our members, new members and guests. Our Probus motto:

### "Friendship, Fellowship and Fun"

Your continued enthusiasm and support for everything we offer, keeps our group active, and provides fantastic fun and enjoyment for all club members.

# Jenny Engle will welcome members and guests.



MEMBERS - please wear your ID.

Please bring the correct money to each meeting ... \$ 4... includes morning tea.

Annual subscriptions are now due, and will be collected March and April. The fee remains unchanged at \$25.00



**SPEAKERS** Our **March** speaker is up in the air, so be prepared for anything!!! Likely to be Joy Thyer, who volunteers in Papua/New Guinea



To Clive for many years of providing great morning teas, at our monthly meetings.

We will continue to serve morning tea, with our members' and committee's assistance.



What a wonderful speaker we had to kick off 2025. Senior Constable Mick Chaffey from Tweed-Byron Police District gave us a great overview of what is happening in our area, and stats showing a gratifying reduction in crimes. Sadly we didn't manage to solve the e-bike problems!



All positions will be declared vacant. We do plan to keep our group afloat at present, but can always do with a bit of help. In an ideal world the current committee would love to have members clamouring for our seats. Give it a go! (We may also have a brief speaker).

#### YOUR 2024-25 COMMITTEE

President: Dianne Mills Mob: 044 732 5387 Email: diannemills23@hotmail.com Vice President: Janet Hobbs Email: davjan3@bigpond.com Secretary: Steve Carratt Mob: 0418 966254 Email: js.carratt@bigpond.com Treasurer: Brenda McDonald Mob: 0401 096 191 Email: mcdonaldbrenda1@gmail.com

#### **Other Committee Positions**

**Dianne Mills** Mob: 044 732 5387 (Newsletter) Email: diannemills23@hotmail.com Karen Stanford Mob: 0418 749 636 (Welfare) (Outings) VACANT POSITION

#### **Appointments**

Auditor: **Public Officer: Hospitality:** 

Paul McDonald Steve Carratt Volunteers led by Brenda McDonald



Unfortunately Shirley Gill has resigned, so we are now looking for someone to take an active role in looking for OUTINGS that suit the majority of our members.



Tri Care Community Village allows us to use its wonderful venue for our monthly meetings - PLEASE <u>DO NOT</u> use the residents car spaces. You can drive in, drop off your passengers, then park outside on Tweed Coast Rd. Tri Care residents appreciate your consideration.



### WELFARE

Please contact our welfare officer, Karen



Stanford on 0418 749 636, if you know of any member who is unwell or incapacitated. It is important that we continue to support each other.

YOUR IDEAS and input are very important, so please pass on any thoughts you may have, to a committee member, or place in the suggestion box.

Do you know of any speakers who would interest our members?



#### **MARCH 2024**

Birthdays: **Janet HOBBS** Valda KILLINGLEY **Elaine TAUBMAN** Brenda McDONALD Lorelle KING





Anniversaries: Bill & Brenda CROSSLEY



#### **Condong Bowling Club**

**Opposite the Sunshine Sugar Mill** Last Friday of every month Members \$20 Visitors \$25 **Bookings essential: phone Virginia** 0432 914 539 (and book for dinner)

Friday 24thMarch, the feature group at 8.00pm will be: "Warren Earl Western Swing Band"

Known for their live package of top guitar licks and twin guitar harmonies Warren Earl and Diego Zaragoza are recreating the lost sounds from the like of Bob Wills to Blind Boy Fuller. Their diverse set list and dynamic approach is a true representation of American Roots with a combination of Western Swing, Jazz and Rhythm & Blues. With an obsession in music from the 1920's-1950's Warren Earl began studying guitar from several great performers at the age of 10 and once picking up the guitar he found it hard to put it down.

Early Birds start at 6.30pm



#### is hosting Tweed Seniors Festival 3 - 16 March 2025 - check the Events Programme





## TWEED REGIONAL GALLERY & MARGARET OLLEY ART CENTRE | MURWILLUMBAH

There is a lot happening at the Gallery FREE Senior's Festival Artmaking at the Tweed Regional Art Gallery

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• Friday 7 March 2025 | 10:30 am - 12:30 pm

Celebrate Seniors Week at the Gallery with guest artist Melissa Spratt. Learn the finger knitting technique used by the artist and enjoy the exhibitions on display. Everyone welcome. As part of the Festival, the <u>Pottsville</u> and <u>District Men's Shed</u> is holding a

## <u>Health and Wellness Expo for</u> <u>Seniors on Friday14th March</u>

9.00am-2pm

at the Phillip Street Reserve, Pottsville

with representatives from various medical fields.



All materials included. Bookings essential.



## Weaving workshop and bushfood tasting

• Sunday 30 March 2025 | 10:30 am - 2:30 pm

Join *Bulaan Buruugaa Ngali* weavers Bindimu and Kyra Togo along with Delta Kay for a workshop that celebrates the long history, beauty and connective experience of weaving with natural fibres as well as local bushfoods. All materials included.

Subsidised workshop places available for First Nations people wishing to attend – please Contact <u>tweedart@tweed.nsw.gov.au</u> to reserve your spot.

General admission \$70 | Friends and Foundation members \$65 Bookings essential.



Monet's painting, *Meules, milieu du jour [Haystacks, midday]*, is still on display until 26<sup>th</sup> October 2025.

Several new exhibits are also starting.





(FABS) is celebrating the creativity of seniors by bringing the local community together for a family day of **art, craft and activities, on** <u>Saturday 15<sup>th</sup> March</u> from 9am to 1pm, at the Banora Point Community Centre, cnr Leisure Dr and Woodlands Dr, Banora Point.

There will be market stalls featuring handmade treasures from local artisans and crafters, plus a sausage sizzle and coffee cart, and a couple of visiting alpacas. Not all stalls will have eftpost.





# Daylight Saving 2025 ends – on Sunday

April 6<sup>th</sup> at 3am

## REMEMBER TO TURN BACK THE CLOCK



It's almost that time. Forget negative hype – just line up. We are definitely in that vulnerable group.

**Tweed Shire Council's Community Care Team** has designed many programmes to support healthy aging. To book or get more information, visit:

<u>tweed.nsw.gov.au/olderpeople</u> or <u>communityservices@tweed.nsw.gov.au</u> or phone <u>07 5569 3110</u>

**6 week cooking programme is \$20** aimed at men with no cooking experience

**8 week Falls Prevention programme \$30** educating on every day hazards, how to improve strength and balance, and remain independent

There is a lot of IT stuff available, including FREE sessions with St Josephs college students, who will teach the basics in using digital devices.

Don't miss the wonderful opportunities available during Seniors Week